



Camp News

“Del Fair” August 2016

27th year of fun in the sun at Camp Del-Ja-Ri



Going Boating

By Courtney Brower

I went on a paddle boat. It was fun! I always went on a canoe. I got to use a paddle. I had a lot of fun! It was a lot of fun! I had a great time.



SWIMMING

By Jade

The shallow end is, well, OK. The deep end is so popular. Manasseh was taking his swim test. He came really close, but

got tired. So only 6 people, but Eli passed his so he will have a good time. So me and Manasseh are the water buddies and Jesse is so annoying but funny.

WHAT CAMP MEANS TO ME

By Lillian Hughes

Camp is a fun place to be around other who share the same illness. You will always be accepted no matter what. Everyone is very

comfortable to be themselves. It is always nice to be able to have others who know what you're going through and being able to share stories. Camp is just a really great place to be.

CAMP DEL-JA-RI

CELEBRATING 27 YEARS FRIENDSHIP & FUN WITH OUR CAMP DEL-JA-RI FAMILY

It's hard to believe that another year of camp is coming to a close - as we are getting ready to put the kids to bed on this Friday night, it's time to reflect on the fun that we had. Our theme for the week was a fair - and the camper council members decided that we should call it the "Del Fair" in honor of our sorority Delta Chi Sigma that sponsors this camp. We had numerous games that we played that you might find at a fair, a wheel of fortune wheel, a ball drop, bean bag toss, plunko, a photo booth, bowling, golfing, searching for coins in a pail of sand and our usual egg toss & water balloon toss.

We had perfect weather for boating and the lake was very refreshing to swim in - even polar bear swim was a breeze! We took a visit out to the Tower where we could climb to the top and view the lake from above. This was also the year that we went to the Nature Center to see some of the animals that call Camp Mack home. We had our usual BINGO night and our famous pizza/ movie night. We had twelve campers this year with three bunk groups - the Pizza Sharks, the Beauty Queens and the Dixie Six.

Fishing is still a favorite activity with all kinds of fish stories - for arts & crafts we had bandana pillows, sunflower or star wreaths and we could

decorate a wooden initial to represent our personalities.



We have made contact with a few more potential campers so we are hoping to be bigger & better next year! It is always such a delight to see how the kids interact with each other. They are a true delight and we look forward to see them each year! We are hoping to get our camp moved to different week next summer so stay tuned for more details!

- Alisa



THE CARNIVAL

By Caleb

On Sunday we had played carnival games! We played "Wheel of Fortune", bean bag toss, and bowling. We could win cool prizes like crosswords and airplanes. The next day we played different games and won some new prizes. We won prizes like pencils and pens. The new games that we played were golf, lucky drop, beanbags toss, disk drop. It was a lot of fun. The last day camper counsel named the fair "Del Fair" for the sorority ladies. The carnival was a success.

CAMP DEL-JA-RI

BEING A CIT



By Dorie

Camp Del-Ja-Ri is more than just your typical camp. Over the years, we grow into a family and everybody always looks forward to the next year. At camp, we have our wonderful staff, courageous counselors, hyper campers, and my personal favorite, the awesome CIT's.



CIT's are counselors in training. Campers can begin their training when they turn 15 and complete their training when they

turn 18. As a CIT, you see a different side of Del-Ja-Ri.

The moment you become a CIT, you gain responsibility. You're no longer a camper but a mix between a camper and counselor.

Some of my favorite things we do as CIT's are singing songs, prepping games, and the famous CIT night! I would tell you more about that night, but then I'd have to kill you.

So, will you become a CIT?

FIND THE WORDS

BY CALEB REYES

A F F B W A X B E E O
 N U I Y Q T H U S T R
 U L S S U N U I I C K
 F M X V H S L U K O E
 K O O F C I Q A K E E
 A S X L B S N T K U B
 Y Q Z M O S Q G S E U
 A U V M V A C A M P A
 K X S U N B L O C K W

KEY:

- fishing
- fun
- mosquito
- sunblock
- bass
- lake
- waubee
- hike
- kayak
- camp

WRITING ABOUT THE DICTIONARY

By Courtney Brower

Amity - friendship or friendly relations

Camp - a place usually away from urban areas where tents or simple building, usually cabins, are erected for temporary residence

Fail - to not succeed

Friendship - the state of being friends; the relationship between friends

Juxtaposition - the act or an instance of placing two or more things side by side



THOUGHTS FROM DR. MIKE...

We had another great year at Camp Del-Ja-Ri in 2016! None of our campers had any major medical problems or injuries. Some of our campers had symptoms from their juvenile arthritis, but these symptoms were managed easily with Tylenol, naproxen or ibuprofen. There were a few minor rashes. We had a few more campers this year. The campers played really hard with boating, swimming, fishing, pranking each other and playing ball.

I hope that all of our campers can stay this healthy through the rest of the year. Though we cannot guarantee that our juvenile arthritis will not flare up, there are some things that we can do to help prevent the arthritis from flaring.

One of the most important ways to keep the arthritis from flaring is taking our medicines regularly, like we discuss at visits at our doctor visits. Another thing we can do to keep the arthritis from flaring is to talk to our doctors about symptoms we are having. Not every joint pain is related to juvenile arthritis, but you and your doctor can talk about the symptom and figure out if it is from the arthritis or not. It is important to figure out if the arthritis is flaring because we want to treat the symptoms before they get too bad.

Another very important part of controlling juvenile arthritis is living healthy. An important part of living healthy is eating the right foods. Different people may need different diets, but most of us should avoid unhealthy food as

much as possible. Unhealthy foods are things like candy, cakes, chips, soda and other things along these lines.

Living healthy also means getting regular exercise. Exercise can be fun. Many of the things we did at camp were fun ways to get exercise. Games that involve moving help us get exercise and have fun.

Another part of healthy living is getting enough sleep.

Fishing

By Jesse

Hi, my name is Jesse. My experience with fishing in camp is the most memorable because everybody has fun with it. Yet at the same time it's very competitive. This year was a great year for fishing. We caught at least 20 fish. One of the campers caught 3 large bass. A lot of the campers caught "tree fish" this year since most of them do not know how to cast well. Fishing is also very relaxing and calm. Most of the time many people lose their worm before they can catch the fish.

