



# Camp News 2017

JULY 2017

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THERE'S GNOME PLACE LIKE HOME



*Make new friends,  
but keep the old.*

## 28 Years of Camp Del-Ja Ri

### Evening Activities

By Hailey

Evening activities are the funnest. It gets colder outside. Flag is the most important part of the evening. Snack is for sure the funnest. Especially when we have bonfires and sit all together and talk and sing. After that we go shower, then go to bed after talking. Then we wake up for the next fun day.

### Favorite Activities

By Payton

This year at camp we had some fun activities. "Swimming and fishing are my favs!!" says Caleb. Courtney's fav is

making bracelets, and Lilly's favorite activity is playing cards or quiet time. We all have favorite activities, but here are what some new campers say. "Boating is definitely my fav" says Hailey. "Arts and crafts is the best" says Evan. Mikeylin said "Captain Captain Potato Chip is by far the best." "The shaving cream and Cheetos was my fav" Yasmine stated.

### Fishing

By Evan

My friend Caleb caught 4 fish on Monday. Marcus kissed a fish! On Tuesday I had a fish, but it got away :( I recommend fishing for everyone. Caleb caught 4 fish on Wednesday.

*"Then we wake up for  
the next fun day."*

Find us on the web at [www.campdeljari.org](http://www.campdeljari.org) for the latest camp information, and to download a digital PDF of this newsletter. Email [alisa@campdeljari.org](mailto:alisa@campdeljari.org) for questions about camp.

## Payton's Fan

By Payton

It was a sad sad day at Camp Del-Ja-Ri when my fan broke, and now I'm without a fan, hot and over heated. So hear the traumatizing story. The cord was in a very dangerous spot, so Courtney did not see it, so she stepped on the cord. And the fan fell. Then Dorie stepped on the cord and it fell again! One of the propellers got stuck in the motor. Then Alisa comes in.



She helped me get the propellor unstuck. Then the fan fell again, and it got stuck again, but we fixed it. The last time it fell, one of the propellers fell OFF!



And when we plugged my fan in, it looked like an iRoomba, because it moved like a vacuum, and it made banging noises. That was the traumatizing story.



# Camp Del-Ja-Ri Celebrates 28 Years!



We finally were able to get camp moved to July and we found 4 new campers to join us! We had a total of 13 campers (with the hopes of a few more) but there is always next year! Our theme for the week was "There's Gnome Place like Home" ~ we have heard over the years that the campers consider us "there home away from home" and so we decided to make it official. From time to time the Travelocity Gnome likes to pay us a visit so we got the kids this year a cement Garden Gnome to paint and to take home as a reminder of their time at camp.

Our bunk groups were "The 7 Dwarves", "The Lost Girls" and "The Gnomads" ~ we have quite the sense of humor in our bunch! Along with the Gnome we were also able to display our talents of painting on a giant "wood chip" (just like our name tags only 100 x bigger!),

We had boating, fishing, our usual egg toss & water balloon toss and we learned a new games "Captain, captain Potato Chip". We had some rain during the week but we didn't let that slow us down, the heat tried to slow us down but we

were able to stay cool and not do anything to make us hotter! We got real pizza this year ~ pizza hut! ~ which fits perfectly with our Del-Ja-Ri camper song!

We are trying something new with our medicine reward time and we are unveiling the secret tomorrow! I can't wait to see what they think of it!

The week is over before it seems to even get started ~ but we are thankful that we have been able to meet 4 new friends and see 9 prior campers! On top of that, 3 of our past campers became counselors this year! They did a great job and we are glad that some of our repeat counselors have returned for the whole week or to visit. As we like to say around the campfire ~ make new friends, but keep the old, one is silver and the other gold ~ a circle is round, it has no end, that's how long I want to be your friend.

Have a great school year, study hard, be strong and see you next year!

Love, Alisa

## Gnome Hunt

By Caleb

On Sunday bunk groups were given closeup pictures of where the gnomes are at. The campers had to guess where they were at.

The next day we had a counselor hunt. We had to split into groups and find the counselors. We also had to find the gnome. All groups found some counselors. Wednesday Marcus, the person who was hiding the gnome, gave the campers some hints. No one found it though. After dinner we were given another hint. I found the gnome right after dinner.

## Fishing

By Lillian

Fishing is an everyday activity us campers participate in. It is quite fun and almost always competitive, but there is one thing that is a little odd. When you catch a fish you have two options. Throw it back and keep fishing, or kiss it and then throw it back. This little tradition came from an awesome person, Miss Emilie. She promised that anyone who kissed a fish would earn \$1 (but I have never received my \$1).

## Desserts

By Courtney

The desserts I had were really good. We had S'mores at the camp fire. Yum! At lunch we had cake & Oreo cheesecake, and a chocolate chip cookie. I love desserts, they are so SWEET!!!



## Camp Del-Ja- Ri 2017

We had another great year at Camp Del-Ja- Ri!

My favorite part of camp is watching the attitude of the campers as they interact with each other. Everyone is friendly and kind to one another, and everyone wants everyone else to have a good time.

This year we talked about the difference between normal joints and joints with juvenile arthritis. The main difference is that the joints with juvenile arthritis are being attacked by the immune system, causing them to swell, hurt and stiffen up.

In fact, the main difference between patients with Rheumatologic disease and those without is that the immune system is attacking parts of their body rather than protecting the body. In dermatomyositis, the immune system attacks the skin and muscles. In systemic lupus Erythematosus, the immune system can attack any organ, including the skin, joints, and kidneys. In vasculitis, the

immune system attacks the blood vessels, and in Wegener's Granulomatosis the immune system especially attacks the blood vessels in the lungs, but can attack blood vessels in other parts of the body as well.

One question that came up during Doctor Time, was how do we get these diseases into remission (how do we get these diseases to stop being active). Of course, every patient is different, but the best way to get the disease under control is to take the medicines as prescribed by your doctor, eat healthy, exercise regularly (as you are able), and check in with your doctor as often as you are scheduled to monitor if the disease is under control, needs more medicine or is about to become active.

I look forward to seeing everyone again next summer and wish you all a good year!

Dr. Mike

# See You All Again Next Year!



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## BINGO

By Payton

All and All it was a great BINGO night. the prizes were great. There were spy kits & nail supplies, even flashlights and T-shirts. We got a lot of BINGOS and got wonderful prizes. BINGO was a success!

