



CAMP NEWS 2018

Sticks and Stones

Swimming

By Jade

This year the Summit was deflated, but still was inflated just a little bit. There are a lot of shells there in the lake. The buddy checks are really easy. And only a few passed the swim test. One person tried it and almost made it. The water was cold in the evening and warm in the morning.

Swim Test

By Evan

The lake water is disgusting! I made it through the first part, but did not quite make the second part. I looked like a dog, and will try again next year. I know I can probably do it!



Games

By Hailey

Here at camp we play many games to pass the time and have some fun. Such as 9 square. It is similar to 4 square with more squares and the squares are above you. It gets quite competitive, too. But always fun.



Gaga Ball is an all time favorite. It takes place in a pit/boxed in area with sand. A ball is hit with our hands, and in order to get someone out they have to be hit below the knees. After awhile only 1 is left standing.

We also have a secrete game, where leis and eggs are hidden all



Breakfast

By Evan

For breakfast we had waffles, cheese omelets, and more. The food was good. At lunch we had Sloppy Joes, french fries, and M&M's cookies. Every evening we have a snack. My favorite time for food is lunch.



over the camp, and we have to find a lei. Once we find the lei, an egg is hidden near it. The egg has a letter in it. After everyone found a letter, we put them together to see what we can spell out, and we get whatever we spelled out as a prize. We try to make camp a home for everyone.

Camp Word Find!

S B O B X G B D C G S W V C L
W S R G R Q N X E G F B H I M
I T K A N O Y I U L J U C R L
M F Q J C I I B H G J N N O G
M A L V R E B T N S U A S H N
I R E G F F L I L O I N R O I
N C T Y W M K E C V A F M I T
G D C N T L E R T C Z C O V A
K N J H A P E D K S D R A C O
E A D W I P E R I F P M A C B
A S J N M F R I E N D S S S U
T T G A S D A E V G V O N S M
I R C N E W S P A P E R A U N
N A W T Y W U M E D S I F N K
G Z C R S J H E D K I U O Y T

- ARTSANDCRAFTS
- BINGO
- BOATING
- BRACELETS
- BUGS
- CAMPERCOUNCIL
- CAMPFIRE
- CARDS
- DELJARIEATING
- FANS
- FISHING
- FRIENDS
- FUN
- MEDS
- NEWSPAPER
- SLEEPING
- SNACK
- SUN
- SWIMMING
- WALKING



CIT

By Hailey

Being a CIT is a very serious job. A CIT is a Counselor in Training. You have to be in between 15-18. When you are a CIT there are so many responsibilities. You have to make sure every kid is safe and happy. Being a CIT you have to have a heart for kids. You also can be their friend, but also if they are not being safe or doing what they should do, you can't be their friend.

There is a CIT night where all the Counselors and any CIT's are welcome. When kids are sent off to bed the Counselors have fun of their own. A CIT has to prove they can care for children and help out.

Being a CIT is exciting and trying something new is always great.



Nature Cabin

By Caleb

Wednesday morning the camp made their way to the nature cabin. At the nature cabin we held many animals, caught some fish, and saw some fish. The first animal we held was an Australian Hissing Cockroach.



Next, we held a Gardner Snake. The Gardner Snake was a little cranky that due to the fact that it had ate two frogs the day before and hadn't digested any yet. After everyone got comfortable and was ready to hold the snake, we made a line. I was the first person to hold the snake. When Lilly got up the snake was okay with her, but that's when it decided to poop on her.

After that we took nets and went to the creek and caught fish, crawdads, and water beetles to feed to the fish. We caught a total of 4 fish. We caught lots of crawdads and lots of water beetles. We also had got to hold a painted box turtle, but that was a baby. This concluded our nature center trip.



Camp 2018 Close

Nothing and I repeat NOTHING can come between us & CAMP! No railroad crossing detour, no algae in the lake, no rain, no power outage and certainly not a tornado warning evacuation is going to prevent us from camp!

We were lucky to have 2 new campers and they turned out to be our youngest and oldest campers! Our theme for the week was "Sticks & Stones" to coincide with our crafts. But we all were familiar with the rest of the saying and we know our time at camp is spent lifting one another up and encouraging one another.

We had the "Wilderness Girls", "Stickers" and the "Energizer Bunnies" as are bunk group names. We did our usual boating, fishing and arts & crafts. In the evenings we had BINGO, charades, CIT/ obstacle race, and we actually took a break from our movie night and did game night instead. We tried a new pizza place and had sundaes for a different snack. We had such a great group of kids this year, I can hardly wait for next year already! The friends we make and the memories we share will carry us thru until we see each again. Remember, Camp Del-Ja-Ri is pretty neat and may our camp land be blessed forever (clap, clap).

Be strong, be brave, and we'll see you next year!

Alisa

Dr. Mike's Thoughts, DJR 2018

We had another great year at camp!

Water balloons! Swimming and finding shells! Canoeing, kayaking and paddle boating! Making cool crafts! Kissing fish! Spiders! Giant sequined ladybugs! Nail polish flowers! Lei'ed Eggs! Figuring out word jumbles! Bingo! Taking our medicines! Knowing our medicines names and doses! Knowing our allergies! Camp songs! Campfire!

But, the best part for me is seeing our campers having a good time, getting along with one another and being kind to one another!

What Rheumatologists want the most is that their patients are healthy and doing things they enjoy. I got to see a lot of this at camp this year. I know that sometimes (or most times) the arthritis slows our campers down, but mostly, everyone was playing and being active. Like Angela told us in Jazzercise, "we may have to modify the way we are active with arthritis, but we should not let the arthritis stop us from being active and having fun". I am really glad that our campers were able to do this, most of the time.

For camp staff and counselors, we also want for all the campers to get along and be kind to one another. We are all most likely to have fun and enjoy camp when we are kind and helpful to one another. Sometimes, it seems like fun to tease someone else, and it can be, as long as we do it in a way that the other person also thinks is fun. But when we are too rough with our teasing, it takes the fun out of it for everyone. This is not only true at camp, but also at home and school and everywhere we go.

I will miss you all until next year (except for some of you that I will see in clinic now and then)!

Dr. Mike